Unity, online, week 2   Life in lockdown?   1

Good morning! It's great to see / hear you

Can you hear me?   Let's begin!

How are you feeling today?

At the moment, I've got some negative feelings

I'm feeling…..   *(present continuous)*

bored   tired   exhausted

worried / anxious   frightened   lonely   powerless
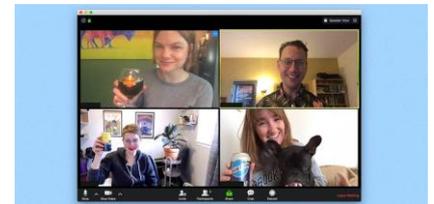
I'm missing my family / my friends / the Unity Centre / my freedom

But I've got some positive feelings, too.

I'm feeling ….

happy   to be able to see and talk to my Unity
friends online

hopeful   that the lockdown will end

I'm looking forward to meeting my friends and family again in the
future.

How about you?

How are you feeling today?

*lockdown: a situation in which people are not allowed to enter or leave a building
or area freely because of an emergency:*

Last week we talked about lockdown in the UK and in your country.

We also talked about what we can't and can do in lockdown in the UK

eg   **We can**   go outside to do exercise once a day

but   **we can't**   go to gym

What can we do and what can't we do in lockdown?

So our daily routines have changed a lot

Before lockdown

I used to   get up early

get up early

go to work every day

7C used to / didn't use to

[+]	[−]	[?]	[✔]	[✘]
I You He She It We They **used to** wear glasses.	I You He She It We They **didn't use to** wear glasses.	**Did** I you he she we they **use to** wear glasses?	**Yes,** I you he she we they **did.**	**No,** I you he she we they **didn't.**

- Use *used to / didn't use to* + infinitive for things that happened repeatedly or over a long period of time in the past, but are usually <u>not</u> true now, for example for things which happened when you were a child.
  I used to have long hair. I used to play in the street. I didn't use to have a TV.
- You can also use the past simple here. *I had long hair when I was a child.*

⚠ *used to* only exists in the past. Don't use *use to* for present habits. Use the present simple + *usually*. *I usually cook in the evenings.* NOT ~~I use to cook in the evenings.~~
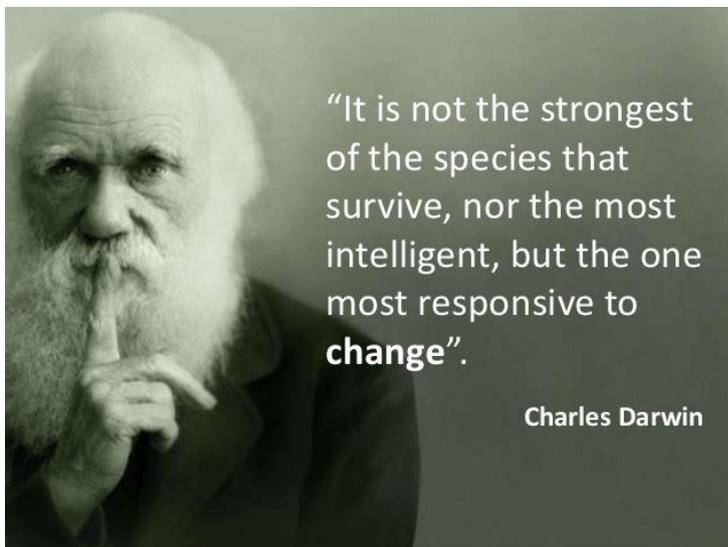
Now in lockdown

I get up later

I work from home.

How about you?

Before lockdown, I used to _____

But now in lockdown, I _____

So, a lot has changed. Look at this quotation. Do you agree?

"It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to **change**".

Charles Darwin

Can you think of anything you have done to respond to change?

Before lockdown, I used to teach in a classroom.

Now in lockdown, I teach online.

(If you would like some more practice using 'used to', you can try the exercises on the next page).

1 GRAMMAR *used to*

a Complete the sentences with the correct form of *used to* and the verb in brackets.

1 *Did you use to enjoy* (you / enjoy) maths at school?

2 I _____ (not like) flying, but I love it now.

3 We _____ (be) friends, but we don't get on now.

4 _____ (Colin / work) for IBM before he came here

5 Summers _____ (not be) as hot as they are now.

6 She _____ (live) with her mother, but now she lives with her father.

7 I _____ (not do) any exercise.

8 _____ (he / play) for Manchester United?

b Correct the mistakes in the highlighted phrases.

1 I use to go to the cinema more often.   ____*used*____

2 He used wear a uniform when he was at school. _____

3 We didn't used to understand our French teacher._____

4 Did you used to work in an office?   _____

5 She use to work late but now she finishes at 5.00. _____

6 Did your children used go to school on Saturdays?_____

Student's Book p.138 *Grammar Bank 7C*

Read this article about how restaurants in Chester are responding to the pandemic locally and trying to help people who are *vulnerable*.

Coronavirus: Chester's independent restaurants are teaming up to help feed the homeless during the crisis

By [Gary Porter](#) [@GaryPorter_84](#) Chief Reporter

Independent restaurants across Chester are helping to feed the homeless during the coronavirus crisis.

vulnerable   able to be easily physically, emotionally, or mentally hurt, influenced, or attacked

INDEPENDENT restaurants across Chester are joining forces to help feed the homeless during the coronavirus pandemic.

Every day a different restaurant – temporarily closed due to the crisis – is taking it in turns to cook hot meals for the homeless. The support group, Soul Kitchen, is distributing the meals.

The restaurants supporting the initiative are Sticky Walnut, Chef's Table, Joseph Benjamin, The Suburbs, Death by Tacos, Meltdown Chester and Covino.

Chef and owner of Sticky Walnut, Gary Usher, posted on Twitter: "Because of Soul Kitchen, no homeless person in Chester through the coronavirus lockdown will go without a daily meal if they don't want to. "Every day Chester chefs are taking it in turns to cook for them. They cook for them in their closed restaurants.

Over the weekend, Gary Usher and Soul Kitchen helped feed 70 homeless people.

Soul Kitchen posted on Facebook on Saturday: "Thanks to Gary Usher at Sticky Walnut we were able to feed 70 people, who are temporarily housed in hostels and a hotel tonight. Thank you to Hopton's Butchers in Hoole for the ingredients and to Soul Kitchen volunteer, David, for playing delivery boy."

1   What is an *independent* restaurant?
2   Are the restaurants open to the public?
3   How do the homeless people get the meals?

In the text, find the word which means….

4   in a way that does not last for long or for ever: (adverb) (para 2)

5   a new plan or process to achieve something or solve a problem (noun) (para 3)

6   a situation in which people are not allowed to enter or leave a building or area freely because of an emergency: (noun) (para 4)

What are people doing in the UK and in your country to help people during the pandemic?

eg   People are shopping for their neighbours

Have you heard about this man?

BBC
NEWS 15 April 2020

Coronavirus: Army veteran Tom Moore, 99, raises £4m for NHS

A 99-year-old army veteran who has raised more than £4m to help the NHS in the fight against Covid-19 has vowed to keep going even though he has smashed his original £1,000 target.

Tom Moore aimed to complete 100 laps of his Bedfordshire garden by Thursday, walking with the aid of a frame.

However, he has now said he will not stop and hopes to do another 100.

NHS Charities Together, which will benefit from the funds, said it was "truly ==inspired== and ==humbled==".

Nearly 170,000 people from around the world have donated money to his fundraising page since it was set up last week.

Mr Moore began raising funds to thank the "==magnificent==" NHS staff who helped him with treatment for cancer and a broken hip.

He hoped to walk 100 laps of the 25-metre (82ft) loop in his garden in Marston Moretaine, in 10-lap chunks, before his 100th birthday at the end of the month.

As funds topped the £1m mark earlier, "Captain Tom", as he is known, described it as "almost ==unbelievable==".

"When you think of who it is all for - all those ==brave== and super doctors and nurses we have got - I think they deserve every penny, and I hope we get some more for them too."

Match the adjectives in yellow with their definition

1   *very good, beautiful, or deserving to be admired*
2   *excellent, or resulting from inspiration:*
3   *extremely surprising*
4   *made to feel not as important as thought*
5   *showing no fear of dangerous or difficult things*

Questions about the text

1   How old is Tom Moore?

2   He is a *veteran*. He used to be a _____

3   How much money has he raised?

4   How much money did he want to raise?

5   What has he done to raise money?

6   Why does he want to raise money?

Tom wants to say thank you to the NHS.

Do you know what is happening every Thursday evening at 8pm in the UK?

Clap for Carers: UK applauds NHS staff and key workers 02 Apr 2020

Every Thursday at 8pm, people across the UK take part in a "Clap for Carers" tribute to say thank you to NHS staff and other key workers dealing with the coronavirus pandemic.

Delivery drivers, supermarket staff, care workers and bin collectors are among those honoured by the nation.

Children also paint **rainbows** and put them in the window. This is to say thank you to the **NHS.** It helps everybody **be positive.**

You can **count** the rainbows when you go for a walk!

How about in your country?

1   What are people doing to raise money for charity during coronavirus?

2   How are people saying thank you to the people who are dealing with the pandemic eg doctors and nurses.